

PREVENT INFECTION



Hygiene

Wash your hands for 20 seconds with soap and water or use hand sanitizer.

Wash your hands as often as possible, during transitions from one location to another and after coughing or sneezing.



Avoid touching your eyes, face and mouth.



Avoid sneezing into your hands.



Wear personal protective equipment.
Wash personal protective equipment and work clothes daily.

PLASTICS

3 DAYS



STAINLESS STEEL

2 DAYS



The virus can survive for days.

Sanitize surfaces. Surfaces can get contaminated with respiratory droplets from infected people through:

- Coughing
- Sneezing
- Talking